



301st Fighter Wing

NAS JRB Fort Worth, Texas

# FIGHTER LINE

**Wing Picnic Puts  
Families in Focus**  
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# Hands off

Why texting can be as dangerous as drinking

**Maj Steve Nelson**

Chief of Safety  
301st Fighter Wing

I can remember the day when my dad would get a cold beer before driving to the store to pick up something for mom.

Back in the 70's there were no open container laws, so as long as you were not intoxicated, it was perfectly legal.

I can now envision a day when our children will remember when we used our handheld cell phones to text and call our friends while driving.

Am I really making similarities between drinking and driving and cell phone and texting use? You bet. In both cases you are making a conscious decision to drive impaired.

In the US alone there were 11,000 drinking and driving fatalities in 2008. During the same year there were over 6,000 cell phone distraction related deaths.

I am not going to cite a bunch of numbers and studies here, but there is research to support that individuals talking/texting while driving are more dangerous than individuals with a blood alcohol content (BAC) over .1%.

Take a look around the next time you are in your car. How often do you see other drivers 5 mph below the speed limit or weaving all over their lane just to discover it is some idiot texting on their cell phone?

Now how often do you check your E-Mail/text on the way to work? If you do, you are now that idiot.

Just remember when you drive while distracted you can be charged with negligent homicide punishable by 90 days in jail.

If you drive while distracted and you cause injury to another person you are up to 6 months in jail and if you kill someone it is 15 years in jail. Is answering that text worth your career, your freedom or someone's life?

After watching this video I now turn my cell phone off before getting into my car: [ut.zerofatalities.com/](http://ut.zerofatalities.com/)

(Note: Almost all states have laws against cell phone use in a school zone. If involved in a car accident almost all states will check your cell phone to determine if you were distracted at the time of the accident )

## Where Texas stands

The Texas Department of Public Safety has clarified the laws regarding cell phones and other wireless communication devices for drivers that are under the age of 18.

**HB 2730** and **HB 339**, enacted recently by the 81st Texas Legislature, restrict all drivers under the age of 18 from using a wireless communication device while operating a motor vehicle. This new restriction applies to licenses issued after September 1, 2009, to applicants who are under 18.

All drivers under 18 who were issued an original driver license before September 1, 2009 are still restricted from using a wireless communication device during the six-month period following the issuance of that original license.

The use of a wireless communication device cannot be used to make a traffic stop.

Source: <http://www.ghsa.org/html/stateinfo/bystate/tx.html>

## State cell phone laws nationwide

State	Cell Phone Ban		Texting ban	
	Handheld	Novice	All Drivers	Novice
CA, CT, DC, IL, LA, NJ, NY, OR, UT, WA,	Yes	Yes	Yes	Yes
AR		<20	Yes	Yes
CO, MD, NC, VA		<18	Yes	Yes
MN, TN		Permit	Yes	Permit
DE, KA, WV		Permit		Permit
IN, ME, NE, RI, TX		<18		<18
AK, NH			Yes	Yes
*HI, MA, MI, PA, WI, WY - Laws dependent on jurisdiction				

## FIGHTER LINE

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Contents of the Fighter Line are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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**Deadline for unsolicited submissions is close of business Monday after the "A" schedule unit training assembly.**

Articles should be typed, single-spaced, and, if possible, submitted via email to the public affairs office at [301fw.pa@carswell.af.mil](mailto:301fw.pa@carswell.af.mil).

For more information about the Fighter Line, call the 301st Fighter Wing public affairs office at 817-782-7170.

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# Being 'best' means change

**MSgt Barbara Therrien**

First Sergeant

301st Force Support Squadron

We are hands-down, the best Air Force in the world. You would be hard pressed to find anyone who would argue that point, what they might argue is how we became the "best", I would argue that we became the best by adapting; we became the best by changing.

We are bombarded by change, almost on a daily basis, new technologies are found, new discoveries are made or we find better ways to do something or make something better.

Some changes we readily accept, even with open arms. Color televisions, for example (yes, there are some of us who actually had to watch black and white TV's, it was difficult, but we made it through). There are new ways to listen to music, new cell phone technology, and the list goes on-and-on.

However, there are other changes that we don't so readily or happily accept... changes to uniforms, we've gone from khaki, to fatigues, to BDU's to ABU's; changes to Air Force Instructions, which, by the way used to be known as Air Force Regulations.

There are usually two types of people when it comes to change, there are those that will say, "...this is the way it's always been done and it's always worked, why change it.", then there are those who believe there might be a better way to do something and are willing to take the chance.

We did not become the best by sitting back and saying it's always worked, we've become the best by accepting, adapting and changing. The Air Force has a short history compared to the other services, but it is a history full of changes, we started as the Army Air Corp, and we have come 60+ years, getting better as we go.

Will you be the one who sits back and says, "that's the ways it's always been done," or will you be the one who understands while change is not always easy, change is necessary? We ARE the BEST because we adapt, we change.



## Wing Advisory Council announces new suggestion box program

The Wing Advisory Council (WAC) will be strategically placing Suggestion Boxes in various units in the wing.

Their purpose is to provide an alternative means of anonymous feedback to aid in the improvement of the wing's physical environment. The suggestion box is not a channel for addressing promotion concerns and/or working relationship issues amongst subordinates, peers and/or leadership.

Feedback forms will be on the side of each box. The box will remain locked at all times. Forms will be collected and reviewed monthly by the WAC chairman and associated members.

The WAC will provide the Wing Commander with an executive summary of suggestions received and proposed actions for resolution.

The 301st Fighter Wing Advisory Council was chartered to develop and provide wing personnel alternative communication channels to help clarify ideas and policies and resolve issues at the lowest level, while improving the wing's physical environment as it relates to working, living, service, and recreational facilities and their operations.

WAC meetings are scheduled for Saturdays of A-UTA at 1500 hours in the Wing Conference Room.

For more about the 301st Fighter Wing Advisory Council, please visit the wing's web page at <http://www.301fw.afrc.af.mil/>.

### ON THE COVER:

TSgt Christopher Newark, a member of 301st Fighter Wing, admires his 18-month-old daughter on top of his shoulder during the annual wing family day picnic.

(U.S. Air Force Photo/TSgt Stephen C. Bailey)





# Annual wing picnic focussed on importance of family support



The 301st Fighter Wing Family grew by nearly 40 Saturday, October 3. Colonel Richard Scobee (above right), 301st Fighter Wing commander, lead over three dozen new members in taking the oath of office as part of the opening events of the annual wing picnic. (below) Members of the Tabernacle of Praise in Fort Worth volunteered their Saturday afternoon to serve food prepared by Real McCoy Bar-B-Q of Texas. (U.S. Air Force photo/TSgt Shawn David McCowan)

## TSgt Shawn David McCowan

301 FW Public Affairs

The October Unit Training Assembly was put on hold Saturday, October 3, as family members were warmly greeted and entertained during the annual Family Day picnic.

The event was opened by a greeting from Colonel Richard Scobee, 301st Fighter Wing commander. He welcomed over three dozen new members to the 301st family with a mass enlistment.

The colonel went on to share how important family is to him, and that his





priority as commander will be to make sure Reserve duty is well balanced with everyone's own family.

Colonel Scobee also thanked SMSgt Patricia Roark, Superintendent of 301st Fighter Wing Services, for her hard work in organizing the event.

Dozens of kids' games and inflatable rides were available, as well as several choices for food and snacks.

Many units participated in the softball tournament, where the 301st Operations Group defeated 73rd Aerial Port Squadron in a hotly contested final.

Several members at the picnic commented that it was the best family day they can remember, and they look forward to next year.



(Clockwise from left) SrA Annika Regala, 301st Communications Flight, and Megan Bailey, daughter of TSgt Stephen Bailey, 301st PA, enjoy some 'clowning' with balloons. (Below) TSgt Jon Jones, 301st Medical Squadron, tries to wrestle his hot dog away from his hungry 14-month-old daughter, while his wife looks on. (U.S. Air Force photo/TSgt Stephen C. Bailey)



Captain Marc Monreal, 301st Mission Support Group executive officer, minded the pumpkin patch so kids could choose a free pumpkin Saturday during the wing picnic. (U.S. Air Force photo/TSgt Shawn David McCowan)



Jason Almadovar (in red), part of the "Armament" softball team, led the team as both pitcher and slugger, is greeted at home after slamming a home run during the tournament Saturday. (U.S. Air Force photo/TSgt Shawn David McCowan)



**Notice - Wing Commander's Call is scheduled for the December UTA; Both Saturday and Sunday at 0745 in the Base Theater. Contact your supervisor or first sergeant for details.**

## Fall 2009 Graduates Announced

Cindy Adams, Program Manager of Education Services at the 301st Fighter Wing, is pleased to announce the latest list of CCAF graduates. Please take a minute to congratulate these individuals for their accomplishment.

301 CES	SSgt	Christopher J. Burke	Emergency Management
301 CF	TSgt	Regina W. Hudson	Information Management
301 FSS	MSgt	John W. Holt, Jr.	Dietetics and Nutrition
301 FSS	TSgt	Ronald G. Pyles	Information Management
301 FSS	TSgt	Adolphus Talton	Social Services
301 FW	SSgt	Diana C. Montellano	Financial Management
301 LRS	TSgt	James E. Baker	Logistics
301 LRS	SSgt	Yokona S. Bell	Logistics
301 LRS	SSgt	Thomas R. Nunn	Logistics
301 LRS	TSgt	Frances L. Smith	Vehicle Maintenance
301 LRS	SSgt	Janet A. Smith	Logistics
301 MDS	SrA	Tiffany K. Colbert	Information Management
301 MDS	SrA	Kinsey D. Jacobs	Criminal Justice
301 MDS	SSgt	Emily E. Nelson	Transportation
301 MDS	SSgt	Shalena M. Robinson	Allied Health Sciences
301 MDS	SSgt	Giovanni D. Wells	Health Care Management
301 MDS	TSgt	Carlos J.F. Frechel	Medical Lab Technology
301 AMXS	SSgt	Robert C. Marbut	Aviation Maint Technology
301 AMXS	SSgt	Royal J. Peters	Aviation Maint Technology
301 AMXS	SSgt	Dennis J. Walter, Jr.	Aviation Maint Technology
301 AMXS	SSgt	Dennis J. Walter, Jr.	Aircraft Armament Sys Tech
301 MOF	SSgt	Troy W. Morgan	Information Management
301 MXS	MSgt	John A.R. Candey	Aviation Maint Technology
301 MXS	SSgt	Steven R. Carlson	Avionic Systems Technology
301 MXS	SSgt	Leandro Duque	Munitions Systems Tech
301 MXS	SrA	David L. D. Jackson	Munitions Systems Tech
301 MXS	SSgt	Teri Y. Litten	Munitions Systems Tech
301 MXS	SSgt	Richard T. Sandbrook	Aerospace Ground Equip Tech
457 FS	SSgt	Victoria G. Swink	Information Management
457 FS	SSgt	Benjamin L. Welch	Aviation Management
73 APS	SrA	Ryann M. Ocampo	Avionic Systems Technology
73 APS	SSgt	Armen M. Weinrick	Transportation
44 FW/Det1	SSgt	Jeanette A. Blankenship	Aircraft Armament Sys Tech
44 FW/Det1	SSgt	Joseph F. Carter, Jr.	Avionic Systems Technology
44 FW/Det1	SrA	Allison L. Garces	Transportation

## Fit test scheduled for Wing staff members

The required annual physical fitness test for 301st Fighter Wing command staff is scheduled for Saturday, December 5 at 1500. See your supervisor or first sergeant for details or changes.

## Yellow Ribbon Program to hold second event

The next Yellow Ribbon event for returning or deploying Airmen is scheduled for 12-15 November at the Ft Worth Radisson North. Contact MSgt Thomas Blair at 817-782-7123 for details.

## Academy country band to perform free show

'Wild Blue Country' is scheduled to perform Thursday, November 19 at the Will Rogers Auditorium in Fort Worth. The show is set to begin at 7:30 p.m.

The free concert is presented by the Star-telegram and Lockheed-Martin.

The acclaimed band features Denton native Jeff Valentine playing steel guitar. The group has performed with country superstars such as Charlie Daniels, Hank Williams, Jr., and Reba McEntire.

A ticket is required for admission.

For tickets, send your request with a self-addressed stamped envelope to:

Wild Blue Country - Star Telegram  
P.O. Box 1870  
Fort Worth, TX, 76101

## Clothing Issue Announces new hours of operation

Clothing Issue located in Bldg 1236

Monday – Wednesday - Friday

0930-1100 and 1330-1500

Main "A" UTA

Saturday 0900-1100 and 1300-1430

Sunday 0900-1100

Times are subject to change. For more information call Deborah King at 817-782-6391, 7027 or 5480.

## Be Heard!

The 301st Fighter Wing Public Affairs office wants to hear your opinion on local and Air Force Reserve-wide news. **BE HEARD!**

Have an idea for a story in your unit, or want to get published in an internationally-distributed publication?

Contact us at 301FW.pa@carswell.af.mil (use email subject line - "Fighter Line Feedback") or call DSN 739-7170, com 817-782-7170.





# Character Determines Success

## SMSgt Sylvia Budinich

Health Services Superintendent  
301st Medical Squadron

*(Editor's Note: This commentary is the fourth in a series focussing on mentoring and leadership to develop character)*

October 1, 2009 was a very significant day for me. It was a milestone in my military career as I was promoted to Senior Master Sergeant. I am elated to have achieved one of my career goals.

I received a note from CMSgt Dwight D. Badgett, Command Chief Master Sergeant of the Air Force Reserve, congratulating me. After reading the note, I took a moment to reflect on my career which began as a Senior Airman at McGuire Air Force Base, N.J.

I thought about the numerous people in my illustrious career who have been a part of this wonderful journey to Senior Master Sgt.—my past and present leadership.

Although the majority of them won't see this article, I'd like to use this forum to sincerely thank each of them and share with our airmen the importance of goal setting, enhancing leadership skills and the importance of mentoring.

AFI 36-2618, The Enlisted Force Structure ("The Little Brown Book") describes the responsibilities of AB through CMSgt. I have always kept a copy of this book on my desk and, as needed, refer to it and have provided a copy to each of my airmen.

One of my success tips for airmen is to always "Think, Act and Behave like your next stripe," be the "Best Wingman You Can Be," and "your attitude determines your altitude."

But a title, rank or position does not completely define who we are as leaders. What defines us is how well we take care of our airmen. It is a new rank, however, as with my previous promotions, it comes with a great degree of responsibility and accountability.

I look forward to the challenges my new rank brings – as challenges are opportunities to excel.

I'd like to share what the bottom of Chief Badgett's note states:

"Consummate Professionals – Overcoming Obstacles-Setting the Example."

In his note he reminds us to "Pass on your knowledge, experience and never miss a chance to mentor."

It will be my new mission to pass on what I have to our new Airmen.



SMSgt Sylvia Budinich

## Character Qualities 22-28

**22. Generosity vs. Stinginess** – Carefully managing my resources so I can freely give to those in need.

**23. Gentleness vs. Harshness** – Showing consideration and personal concern or others.

**24. Gratefulness vs. Unthankfulness** – Letting others know by my words and actions how they have benefited my life.

**25. Honor vs. Disrespect** – Respecting those in leadership because of the higher authorities they represent.

**26. Hospitality vs. Loneliness** – Cheerfully sharing food, shelter or conversation to benefit others.

**27. Humility vs. Pride** – Acknowledging achievement results from the investment in others of others in my life.

**28. Initiative vs. Idleness** – Recognizing and doing what needs to be done before I am asked to do it.

## In Review: Character Qualities 15 - 21

**15. Discernment vs. Shortsightedness** – Understanding the deeper reasons why things happen

**16. Discretion vs. Simplemindedness** – Recognizing and avoiding actions which could bring undesirable consequences

**17. Endurance vs. Discouragement** – The inward strength to withstand stress and do my best

**18. Enthusiasm vs. Apathy** – Expressing joy in each task as I give it my best effort

**19. Faith vs. Presumption** – Confidence that actions rooted in good character will yield the best outcome even when I cannot see how

**20. Flexibility vs. Resistance** – Willingness to change plans or ideas without getting upset

**21. Forgiveness vs. Rejection** – Clearing the record of those who have wronged me and not holding a grudge

\*From *Character First* website:  
[www.characterfirst.com](http://www.characterfirst.com)

# AFRC command chief spends training weekend with 301st Reservists, families



Chief Master Sergeant Dwight Badgett, Command Chief Master Sergeant of the Air Force Reserve, voiced and displayed his support for the members of the 301st Fighter Wing by

**TSgt Shawn David McCowan**

301 FW Public Affairs



Chief Badgett (left) helps CMSgt Jack Mills, Command Chief Master Sergeant of the 301st Fighter Wing, distribute cake during the wing picnic. (U.S. Air Force Photo/TSgt Shawn David McCowan)



Chief Badgett met senior enlisted, such as MSgt Roger Mitchell (right), member of 301st Force Support Squadron, to discuss unit-specific needs. (U.S. Air Force Photo/TSgt Shawn David McCowan)



Chief Badgett presented his coin to TSgt Frances Smith, with the 301st Vehicle Maintenance unit, for successfully balancing her duties, a deployment and mentoring fellow Airmen while completing a college degree. (U.S. Air Force Photo/TSgt Shawn David McCowan)



Chief Badgett presented coins to several deserving Airmen, including MSgt James Gray, with 301st Maintenance. Chief Badgett expressed the importance of recognition in leadership. (U.S. Air Force Photo/TSgt Shawn David McCowan)